

STEPPIN' COAST TO COAST



A VIRTUAL WALK TO SANTA MONICA, CALIFORNIA 3 MONTH CHALLENGE

Which county can reach the west coast first?

JEFFERSON VS MADISON

- Recruit your family, friends, and coworkers to create a team of 5-10 people.
- Turn in completed registration form by September 30, 2016
- Begin tracking your steps! (Pedometers available at registration, if needed).
- Health Fair
- Hands only CPR demonstration



**5K
KICKOFF**

**FRIDAY 30th
SEPTEMBER**

**START
TIME 6pm**

(Please note: 5k is optional.)

COST free!

LOCATION
Jefferson County Football Field
600-620 Water St
Monticello, FL 32344

For more information, please contact:
Chelsey McCoy (Madison County) at 850-973-5000 x1331 or
Pam Beck (Jefferson County) at 850-342-0170 x2061

